

Early Assessment Service for People with Psychosis (EASY)

Early Assessment Service for People with Psychosis is a research base project led by Hospital Authority and the Psychiatric Department of the Hong Kong University since year 2001. The service is extended in April, 2011 and it is cooperated by the Child Care and Adolescent Service Team and General Adult Team of Kwai Chung Hospital.

Service Aims

- Shortening the duration of untreated psychosis
- > Promotion of recovery by providing appropriate treatment
- Decreasing chance of relapse and hospitalization
- Supporting carer to provide family care
- Prevention and early detection of other emotional health problems caused by
- > psychosis e.g. anxiety, depression and substance misuse etc.

Service groups

- ➤ Age 15 to 64 presents first-episode of psychotic sign or symptom: hallucinations, thought disorder or disorganized speech.
- Residents of Shum Shui Po, Tsuen Wan, Kwai Chung, Tsing Yi, Tung Chung and Wong Tai Sin.

Service Characteristics

- ➤ One-stop service approach: assessment, treatment and followup service
- > 3-year clinical/ medical service at special out-patient department
- ➤ Regular community visit carries out by case manager
- ➤ Multi-disciplinary approach: medical officer, community nurse, occupational therapist, medical social worker and psychologist

Service referrals:

- > Self-refer via hotline, e-mail or walk-in
- ➤ Others: Teachers, general practitioners, social workers, psychologists or parents etc.

Service enquiry

Hotline: 2928-3283

Website: www. ha.org. hk/easy

Address: Easy Station, 8/F, Block K, Princess Margret Hospital